

# BREAKFAST

Toast 8.5 Sourdough, Multigrain Gluten Free, Fruit Loaf (GF) +2.5 + Jam. Vegemite. Peanut Butter

Eggs On Toast 13 Fried, Poached, Scrambled +1.5 on Sourdough or Multi-grain - Gluten Free Bread +2.5

Egg and Bacon Roll (DFO) 13 With House-made Tomato Relish

- Add Cheese +1
- Add Extra Egg +3

Mushroom Breakfast Roll (V) 14 Rocket, Mushroom, Avocado, Dukkah and Pesto

- Add Halloumi +4

Old Fashioned Porridge (V) 21 Rolled Oats, Rhubarb, Poached Pears, Almond Milk, Pure Maple Syrup and Maple Glazed Walnut

Carnivore Plate (GF)(DFO) 29 150g Minute Steak, 3 Fried Eggs, Avocado, Fresh Berries and Whipped Goat's Cheese

Avocado Toast (VG)(VO) 22 Whipped Goat's Cheese, Dukkah, Fresh Herbs, Salsa Verde and Lemon on Multi-Grain or Sourdough

- Add Poached Egg +3

Jerry's Breakfast (DF) 25.5 2 Poached Eggs, Jerry's Beans, Maple Cured Kaiserfleisch Bacon, Saute Potatoes and Onion, Tomato and Herb Salsa with Onion Jam on Grilled Sourdough Harrissa Corn Fritters (VG)(DFO) 23 Harrissa Yoghurt, Charred Corn and Broccolini Salad, Lime and House Made Pickled Chillies - Add Poached Egg +3

Chilli Scramble (VG) 24 Chilli Oil, Fried Shallots, Harissa, Fresh Chilli, Chilli Flakes, Fresh Herbs and Lime on Grilled Sourdough - Add Bacon +6

Breakfast Tacos (VG)(GFO) 24 3 Soft Shell Tacos, Avocado, Scrambled Eggs, Chorizo Crumbs, Saute Potatoes and Onion with Pickled Chillies - Add Bacon +6

Housemade Waffles 24 Raspberry Compote, Vanilla Mascarpone, Freeze Dried Strawberry Powder, Chocolate Salted Caramel Sauce and Fresh Berries

### LUNCH

Jerry's Super Bowl (DF)(GF)(V) 22 Brown Rice, Roast Pumpkin, Smoke Almonds, Seasoned Seaweed, Shichimi Togarashi, Edamame, Avocado, Soy Ginger and Seasame Dressing

- Add Poached Egg +3
- Add Chicken Cotoletta +6

Grilled Chicken and Freekah Salad 25.5 Freekah, Goat's Cheese, Grilled Capsicum, Rocket, Artichoke Hearts, Toasted Pinenuts and Lemon Vinaigrette Minute Steak Sandwich 26.5 Thin Slices of Marinated Beef, Rocket, Swiss Cheese, Roasted Capsicum, Onion Jam, Aioli and Chilli Jam and Chips

Jerry's Burger (GFO)(DFO) 25.5 Beef Patty, Grilled Halloumi, Lettuce, Tomato, Pickle, Jerry's Special Burger Sauce and Chips

- Add Bacon +3
- Add Fried Egg +3

Chicken Tacos (GF) 25 3 Soft Shell Tacos, Lettuce, Marinated Thighs, Mexican Blend Cheese, Sour Cream and Guacamole

See counter cabinet for daily selection of fresh sandwiches and pastry options!

VG = Vegetarian V= Vegan VO = Vegan Option
DF = Dairy Free DFO = Dairy Free Option
GF = Gluten Free GFO = Gluten Free Option

SIDES		SAUCES+SPREADS	
Bowl of Chips	10	Tomato Relish	2
Maple Kaiser Bacon	9	Basil Pesto	2
Grilled Chicken	6	Aioli	1
Chorizo	6	Peanut Butter	1
Rosti	6	Vegemite	1
Halloumi	6	Jam	1
Bacon	6		
Avocado	5		
Mushrooms	5	Menu items may contain traces of the following: peanuts, tree nuts, milk, eggs, sesame seeds, fish, crustacea, soy, lupin and wheat.	
Goats Cheese	4.5		
Spinach	4.5	Jerry's will not be liable for adverse reactions to food consumed or other items an individual may come into contact with while eating any of our product.	
2 Scrambled Eggs	5		
Egg Poached or Fried	3		

# DRINKS

#### HOT **House Blend Coffee** by Inglewood Coffee Roasters Latte / Cappuccino / 5 Flat White / Piccolo 0.5 -Large -Extra Shot 0.5 0.5 -Mocha -Decaf Milk Alternatives Soy / Almond / Oat / Coconut Lactose Free Single Origin (Black) Espresso / Double Espresso Long Black / Macchiato Filter Coffee Batch Brew 5 Cold Brew 5.5 Cold Drip 6 Matcha Turmeric Iced Coffee / Chocolate / Mocha 8.5 English Breakfast / Peppermint / 5 Green / Lemon Grass / Chamomile / Earl Grey Chai 5.5 Dirty Chai 6.5 5 **Hot Chocolate** Babycino 2.5

## COLD

Thickshakes Chocolate / Strawberry / Vanilla Espresso / Caramel / Blue Heaven	9
Juices Apple / Orange	7.5
Smoothies Berry Bliss, Berries, Banana, Honey, Almond milk - Add Protein Powder +2.5	11
Mr Peanut Peanut Butter, Banana, Cacao, Honey, Almond Milk - Add Protein Powder +2.5	
Green Smoothie Kale, Spinach, Banana, Lemon, Coconut Water	
Tropical Smoothie Mango, Passionfruit, Banana, Pineapple and Coconut Water	
Bottled Drinks Coca Cola / Lemonade / Still Water	4 5

Mineral Water

Kombucha

The Team at Jerry's Milkbar aim to provide high quality food, coffee and service to everyone who walks through our door. We hope you enjoy our carefully curated menu as much as we love making it!

In order to maintain a high quality of service, please note our 1.6% surcharge on Credit Card, 10% Weekend Service Fee and 15% Public Holiday Service Fee.

With love, Jerry x

5.5

5.5



## **OPENING TIMES**

MONDAY	7:00 - 3pm
TUESDAY	7:00 - 3pm
WEDNESDAY	7:00 - 3pm
THURSDAY	7:00 - 3pm
FRIDAY	7:00 - 3pm
SATURDAY	7:30 - 3pm
SUNDAY	8:00 - 3pm

KITCHEN TIMES

til 2pm daily